

Programme: B.Sc. (Honours) in Integrative Nutrition & Dietetics

Academic year 2025-2026

Curriculum Framework of First Year under NEP

Level	Sem	Major		Minor	OE	VSC, SEC (VSEC)	AEC, VEC, IKS	OJT, FP, CEP, CC, RP	Credits	Cumulative Credits
		Mandatory (DSC 1, 2 & DSC 3)	Electives							
4.5	I	Basic Nutrition - Energy and Macronutrients (4) Human Physiology - I (2)	-----	-----	International Sports Management - I (2) OR Indian Socio Political Economics System & Current Affairs (2) ----- World Cultures - I (2) OR Business Mathematics and Statistics - I (2)	VSC: Food Analysis (2) SEC: Physiology (2)	AEC: Functional English - I (2) VEC: Environmental Studies (2) IKS: Indian Knowledge System (2)	CC: Basics of Yoga - I/ NSS/.NCC/Sports/ Cultural (2)	22	44 (UG Certificate)
	Credits	6	0	0	4	4	6	2		
	II	Food Science and Food Chemistry (4) Basic Nutrition - Micronutrients and Water (2)	-----	Microbial Food Spoilage (2)	International Sports Management - II (2) OR Indian Economy (2) ----- World Cultures - II (2) OR Business Mathematics and Statistics - II (2)	VSC: Meal Planning (2) SEC: Food Science (2)	AEC: Functional English - II (2) VEC: Personal Effectiveness at Workplace (2)	CC: Basics of Yoga - II/ NSS/NCC/Sports/ Cultural (2)	22	
	Credits	6	0	2	4	4	4	2		
	Cum Cr.	12	0	2	8	8	10	4	44	

* Exit Option: Award of UG Certificate in Major with 40-44 credits and an additional 4 credits core NSQF Course/Internship or Continue with Major and Minor

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		Mandatory (DSC 1, 2 & DSC 3)	Electives							
5.0	III	Lifecycle Nutrition - I (4) Food Processing (4)	-----	Human Physiology - II (4)	Corporate Communication and Public Relations - I (2) OR Quantitative Techniques - I (2)	VSC: Lifecycle Nutrition - I (P) (2)	AEC: Hindi - I (2)	FP: Healthy Cooking Practices (2) CC: Lifestyle Pillars - I (2)	22	88 (UG Diploma)
	Credits	8	0	4	2	2	2	4		
	IV	Lifecycle Nutrition - II (4) Biochemistry (4)	----	Community Nutrition (2) Nutritional and Clinical Biochemistry (2)	Corporate Communication and Public Relations - II (2) OR Quantitative Techniques - II (2)	SEC: Lifecycle Nutrition - II (P) (2)	AEC: Hindi - II (2)	CEP: Awareness of Food Hygiene and Sanitation in the Community and Nutritional Assessment (2) CC: Lifestyle Pillars - II (2)	22	
	Credits	8	0	4	2	2	2	4		
	Total credits in 2nd year	16	0	8	4	4	4	8	44	
	Cum Cr.	28	0	10	12	12	14	12	88	

* Exit Option: Award of UG Diploma in Major and Minor with 80-88 credits and an additional 4 credits core NSQF Course/Internship or Continue

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Curriculum Framework of Third Year under NEP

Level	Sem	Major		Minor	OE	VSC, SEC (VSEC)	AEC, VEC, IKS	OJT, FP, CEP, CC, RP	Credits	Cumulative Credits
		Mandatory (DSC 1, 2 & DSC 3)	Electives							
5.5	V	Nutrition in Metabolic and Endocrine Disorders (4) Nutritional Care Process and Special Feeding Techniques (4)	Food Preservation (4) OR Nutrition in Adverse Climatic Conditions (4)	Food Psychology (2) Nutritional Counselling (2)	-	VSC- Diet Therapy - I (Practical) (4)	-	FP/ CEP: Holistic Skill Development for Career Readiness (2)	22	132 (UG Degree)
	Credit	8	4	4	-	4	-	2		
	VI	Nutrition for Gastrointestinal and Renal Diseases (4) Critical Care Nutrition (4) Diet Therapy - II (Practicals) (2)	Food Product Development and Entrepreneurship (4) OR Sports Psychology (4)	Nutrition for Exercise and Fitness (4)	-	-	-	OJT: Internship/ Project Work - I (4)	22	
Credits		10	4	4	-	-	-	4		
Total credits in 3 rd year		18	8	8	-	4	-	6	44	
Cum Cr.		46	8	18	12	16	14	18	132	

*Exit Option: Award of UG Degree in Major with 120-132 credits or Continue with Major and Minor

[FP = Field Project; CEP = Community Engagement and Service; OJT = On Job Training – Internship/Apprenticeship]